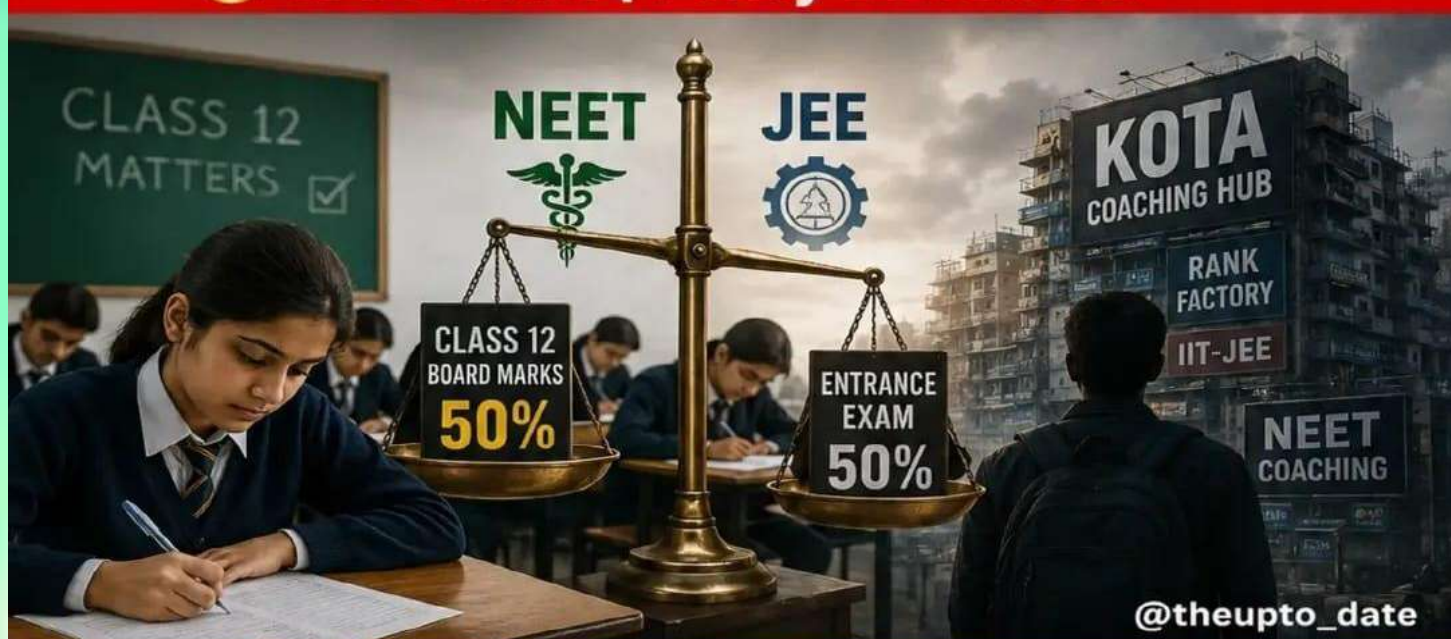


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ROCKFORDIANS WEEKLY DIGEST- 102

🔥 EDUCATION | Policy Bombshell



50% WEIGHTAGE TO CLASS 12 FOR NEET AND JEE ADMISSIONS, COACHING EMPIRE TREMBLES?

🇮🇳 Govt mulling major rule change

🇮🇳 A parliamentary panel has proposed giving **50% weightage** to Class 12 board marks for **NEET** and **JEE** admissions.

🇮🇳 Kota coaching model faces threat

🇮🇳 Physics Wallah's Alakh Pandey reportedly unhappy

🇮🇳 Coaching industry resists policy shift

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Dear Parents

As you may be aware, the nation has witnessed widespread protests over the past 20 days, including discussions in Parliament, regarding alleged irregularities and malpractice in the NEET examination.

It is anticipated that significant changes may be introduced to the NEET admission process in the near future. One of the proposed changes is to give greater weightage to Class XII Board Examination marks along with NEET scores.

Keeping this in mind, RockForD has already initiated FREE Foundation coaching for our Grade X students with experienced faculty members. This coaching will continue until the completion of Grade XII, ensuring consistent preparation for both Board and competitive examinations.

Benefits for RockForD Students:

- 1. Strong preparation for both Board Examinations and competitive entrance exams.***
- 2. No additional financial burden on parents.***
- 3. Reduced stress through systematic and continuous learning.***

We would also like to highlight that several students who left RockForD after Grade X and joined other institutions (Shisya, Advait, Bangalore schools) were unable to perform to their full potential in their Grade XII Board Examinations and NEET.

In many cases, parents invested substantial amounts in coaching without achieving the desired outcomes.

At RockForD, we are committed to providing quality education, continuous academic support, and strong character development.

We encourage you to continue your child's educational journey with us through Grade XII, where we will strive to help every student achieve academic excellence while nurturing values and discipline.

Thank you for your continued and support trust.

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Imagine, Innovate, Inspire Why Choose Rockford!!!!!!

FEEL THE DIFFERENCE AT ROCKFORD

- Inclusive Education with all Skills Require for 21 Century.
- Teacher-Student ratio 1:18
- Individual Attention
- Strong Focus on Discipline & Characters Building
- Four Strong Pillars of our Curriculum - Experiential Learning, Activity Based Learning, Project Based Learning, Inquiry Based Learning.
- Special Coaching in Cricket, Football, Basketball & TT
- Free NEET/JEE Coaching from Gr 10 to 12
- Caring Support for Slow Learning
- Strong Communication Skills
- Compassionate & Dedicated Teachers
- Extra-Curricular Activities like Public Speaking, GK Champ, DYK, Poster Making, Debate, Dance, Pottery, Weaving, Painting, etc.,
- Focus on Arts, Culture & Creativity
- *Celebration of all Important Festivals & Great Leaders birth Anniversaries*

Types of Houses – Handmade Model Activity

Class: II
Subject: EVS

Students participated enthusiastically in a “Types of Houses” hands-on activity. They created colorful house models using cardboard, paper, ice-cream sticks, straws, cotton and other reusable materials. Each child made a different type of house, such as a hut, tent, apartment and other traditional houses.

Through this activity, students learned to identify different types of houses and understand how houses are suited to different places and needs. The activity encouraged creativity, fine-motor skills, imagination, teamwork and learning by doing. Students also proudly presented their models and explained the type of house they had created.



Number block addition and Subtraction Activity

Class: I
Subject: Mathematics

Students participated in a hands-on Number Block Activity using colourful number and operation blocks. They picked, arranged and matched the number blocks to form simple addition and subtraction sums. The activity helped them understand numbers, number order, number addition, subtractions and number relationships in an enjoyable and interactive way.



Literary Club - Alphabet Story

Class: III-V

Students will participate in an engaging creative-writing activity called "Alphabet Story." They will create a short story in which each sentence begins with the letters of the alphabet in alphabetical order. Students can work individually or in small groups and use their imagination to develop interesting characters, events and settings. They will focus on using suitable vocabulary, forming meaningful sentences and maintaining a connected storyline. Finally, students will read or present their stories to the Literary Club, making the activity an enjoyable way to develop creativity, vocabulary writing and storytelling skills.



Literary Club - Who Am I?

Class: III - V

Students will participate in an interesting guessing activity called "Who Am I?" Each student will pick a paper containing a set of clues about a person, place, animal, object or character. They will read the clues aloud and try to identify the answer. Other students will listen carefully and make their guesses based on the clues. The activity encourages students to improve their reading, listening, vocabulary, thinking and speaking skills while making the Literary Club session fun and interactive.



ECO CLUB - Poster Making "SAVE WATER"

Class: III - IX

Students developed a deeper understanding of the importance of water as a precious natural resource and the need to conserve it for the future. Through the "Save Water" poster-making activity, they creatively expressed ideas, slogans and messages highlighting ways to prevent water wastage. The activity encouraged students to develop environmental awareness, creativity, communication skills and a sense of responsibility towards protecting and conserving water in their daily lives.



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Sports Long jump and High jump

Teaching Long Jump and High Jump helps students develop overall physical fitness, strength, speed, balance, coordination, flexibility and confidence. Through regular practice, students learn important skills such as running approach, take-off, body control, jumping technique, landing and proper use of arms and legs. Long jump improves explosive leg power, speed and coordination, while high jump develops jumping ability, flexibility balance and body awareness. These activities also encourage discipline, concentration, courage, self-confidence, sportsmanship and a positive competitive spirit among students.



Paper folding Using Symmetry Art

Class: VI - IX

Subject: Mathematics (Club Activity)

Students learn to locate and draw vertical, horizontal or diagonal lines of symmetry that divide a shape into identical halves. Learners recognize that one half of a folded paper acts as an exact mirror image or reflection of the other side. Children develop visualization skills by predicting how cutting or drawing along a folded edge will transform into a complete, symmetrical design upon unfolding. Students independently apply folding, cutting and painting techniques to produce balanced patterns and shapes.



Literary Club

Class: VI - IX

Activity 1 – Mind without Fear

“Voices of Conviction – Think, Speak, Persuade!”

The debate activity provided students with a vibrant platform to express opinions defend view points and challenge opposing perspectives. Students presented well-structured arguments, supported their ideas with logical reasoning and responded to counterarguments with confidence and clarity. The activity fostered critical thinking, active listening, spontaneity, persuasive speaking and effective rebuttal skills, while encouraging students to respect diverse view points and engage in meaningful intellectual discourse.

Activity - 2

“Sell the Impossible – Creativity in Action!”

Students participated in an engaging product advertisement activity that sparked creativity, imagination and entrepreneurial thinking. They presented unique products using catchy slogans and persuasive pitches, thereby enhancing their vocabulary, communication, presentation and persuasion skills.



SNAPCIAL

Poster making for Math carnival

Subject: Mathematics (Club activity)

A poster-making activity for a Math Carnival bridges the gap between abstract mathematical concepts and visual, real-world applications. It allows students to showcase what they have learned through their carnival games, interactive models or math puzzles. Illustrates how math governs everyday life, such as analysing the statistical odds of winning a carnival ring-toss game or calculating area for booth design. Working in teams requires students to negotiate design choices, divide tasks and collectively solve structural or formatting challenges.



Mathematics through Art and Craft – Shapes, Symmetry, Patterns & Fractions

Class: III - V

Subject: Mathematics Club

Students enthusiastically participated in a creative Mathematics Club activity integrating mathematical concepts with art and craft. Using colourful craft papers, students explored and created geometrical shapes, symmetrical designs, patterns and fractional representations through hands-on activities. They divided shapes into equal parts to represent fractions such as halves, thirds and quarters, while also identifying lines of symmetry and forming creative mathematical patterns.

The activity helped students develop a deeper understanding of fractions, shapes, symmetry and patterns in an enjoyable and practical way. It encouraged creativity, logical thinking, spatial reasoning, problem- solving, communication, teamwork and fine-motor skills, while helping students connect mathematical concepts with everyday life and artistic expression.



Science Club

CLASS: III-IX&XI

Hand Fan

- Students prepared a simple hand fan to understand how air movement helps in providing a cooling effect.

Simple Electric Fan

- Students made a basic electric fan using a small motor, battery, wires and fan blades. It demonstrated the conversion of electrical energy into mechanical energy.

Water Filter

- Students prepared a simple water filter using materials such as a bottle, cotton, sand, gravel and charcoal. It demonstrated the basic principle of filtration.

Vibration Using a Tuning Fork

- Students used a tuning fork to demonstrate that sound is produced by vibrations. The vibrations could be observed by placing the vibrating fork near water.

Reflection of Light

- Students prepared a simple model using a mirror and a light source to demonstrate the reflection of light and the change in direction of light when it strikes a reflecting surface.

Water Cup and Thread Speaker

- Students used a cup and a tightly stretched thread to make a simple sound-transmission model. The vibration produced at one end travels through the stretched thread and produces sound at the other end.

Magnet Model

- Students prepared a simple magnet activity to demonstrate magnetic attraction. They tested different materials to identify magnetic and non-magnetic object.

Students were able to

- Understand scientific concepts through hands-on activities.
- Observe and explain simple scientific phenomena.
- Develop creativity and problem-solving skills.
- Improve teamwork and communication.
- Develop interest and curiosity towards science.
- The Science Club Model Making Activity was successfully conducted. Students actively participated and demonstrated various scientific concepts through simple working models. The activity made science learning interesting, practical, creative and enjoyable.



Types of Motion – Rockfordians on the Move!

Class: V A&B

Subject: English

Motion is everywhere! This week, our curious Rockfordians explored the fascinating world of motion and discovered that objects can move in different ways. From a car travelling along a straight road to a spinning wheel, the Earth Revolving around the Sun and a swing moving to and fro, our young scientists identified rectilinear, circular, rotational and oscillatory motion. Through fun observations and real-life examples, our Rockfordians connected classroom learning with the world around them!

“Observe the movement, discover the science and keep moving forward!”



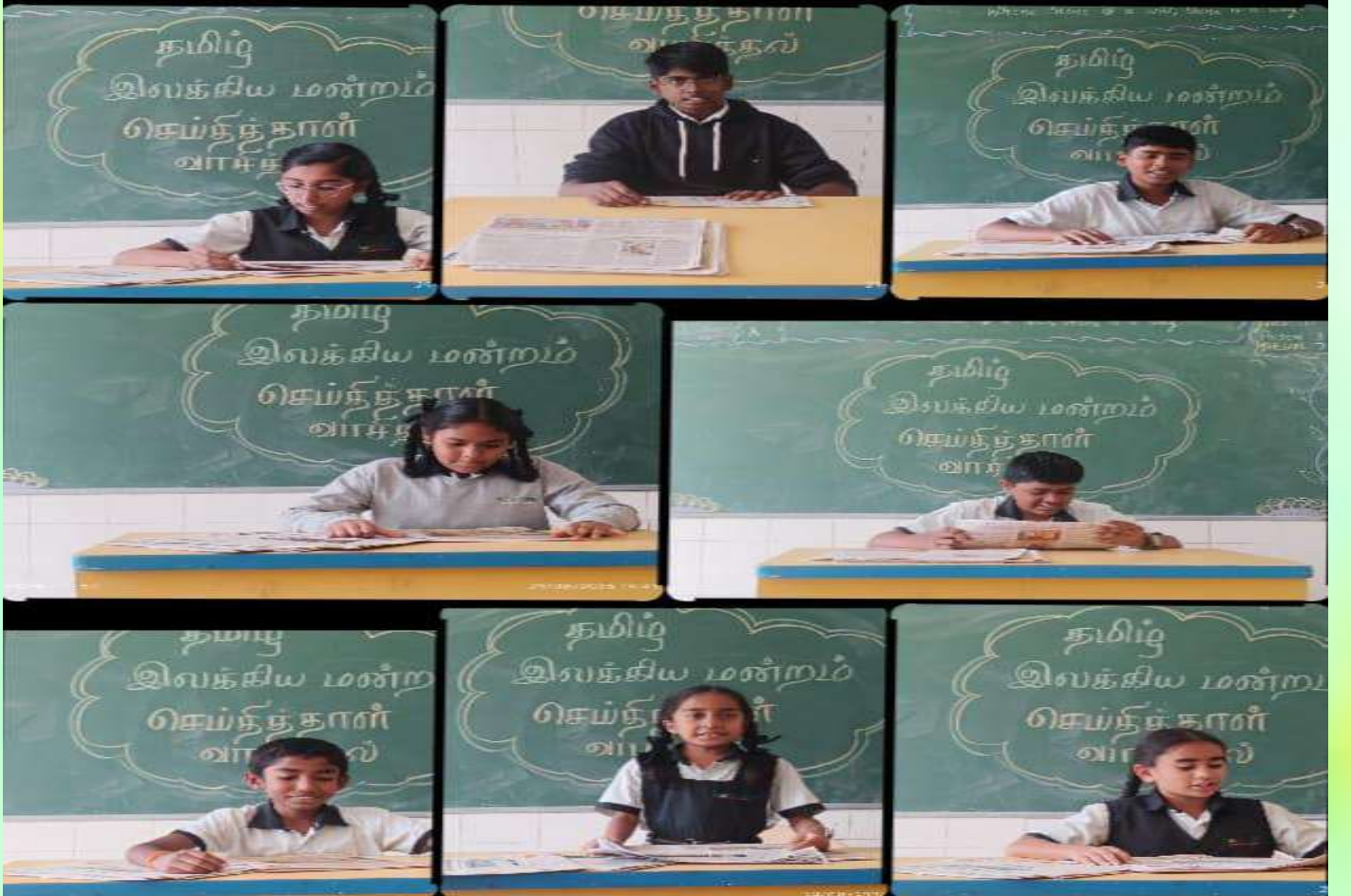
தமிழ் இலக்கிய மன்ற செயல்பாடு

வகுப்பு : 1 - 9

தலைப்பு: செய்தித்தாள் வாசித்தல்.

மாணவர்களிடம் வாசிப்பு பழக்கத்தை வளர்க்கவும், பொது அறிவை பெருக்கவும் இந்நிகழ்வு நடத்தப்பட்டது.

- மாணவர்கள் தினமணி, தினத்தந்தி செய்தித்தாளில் இருந்து முக்கிய செய்திகளை வாசித்தனர்.
- விளையாட்டு மற்றும் அறிவியல் செய்திகள் வாசிக்கப்பட்டன.
- "செய்தித்தாள் ஏன் முக்கியம்?" என்ற கலந்துரையாடல் நடந்தது.
- பொது அறிவு வளர்ந்தது.
- பேசும் திறன் மற்றும் வாசிப்பு திறன் மேம்பட்டது.
- போட்டி தேர்வுகளுக்கு உதவும் என புரிந்து கொண்டனர்.
- "செய்தித்தாள் ஒரு நடமாடும் பலகலைக்கழகம்". தினமும் 15 நிமிடம் செய்தித்தாள் வாசிக்க வேண்டும் என தீர்மானம் நிறைவேற்றப்பட்டது.



Jungle Warning Sign Board

Class: III - A&B
Subject: English

Students created a Jungle Warning Sign Board using a cardboard sheet. They designed warning signs such as "Beware of Wild Animals," "Beware of Elephants," "Do Not Enter," etc. They used their creativity to decorate the sign boards with suitable drawings and colours. The activity helped students understand the purpose of warning signs and express safety messages in a creative way.



Hogenakkal falls

Class: VI
Subject: Tamil

Hogenakkal Waterfalls, located on the Kaveri River at the border of Tamil Nadu and Karnataka, is a breathtaking destination known for its stunning cascades and peaceful atmosphere. As students, we explored this natural wonder and gathered information about its geography, significance, and activities.

- **Waterfalls:** Hogenakkal Waterfalls is a majestic waterfall with water flowing over rocks and creating a misty atmosphere.



SPELL BEE COMPETITION

Write It Right – The Written Spell Bee Class: VI - IX

The Written Spell Bee Competition was conducted with the aim of enriching students' vocabulary, strengthening spelling proficiency and fostering linguistic accuracy. Students were given a carefully curated list of words and were required to write the correct spellings with accuracy and precision.

The activity provided an intellectually stimulating opportunity for students to demonstrate their vocabulary knowledge, memory, concentration and attention to detail. It encouraged learners to explore new words, expand their lexical repertoire and develop greater confidence in their written communication.

The competition witnessed enthusiastic participation and healthy competition, making vocabulary learning both purposeful and engaging. Overall, the activity served as an effective means of nurturing students' language competence, spelling accuracy and love for words.



Flower Arrangement

Class: VII
Subject: Tamil

A student created a poem reflecting the art and beauty of flower arrangement, likely as part of an art, craft, or language project focusing on creativity and expression.



Division by Sharing Food Items

Class: II

Subject: Mathematics

Students participated in a hands-on Division by Sharing Food Items Activity using different food items such as biscuits, snacks, fruits and sweets. They shared the food items equally among their friends and observed how a total quantity can be divided into equal groups. The activity helped them understand the concept of division as equal sharing, equal groups and the relationship between multiplication and division in an enjoyable, practical and interactive way.



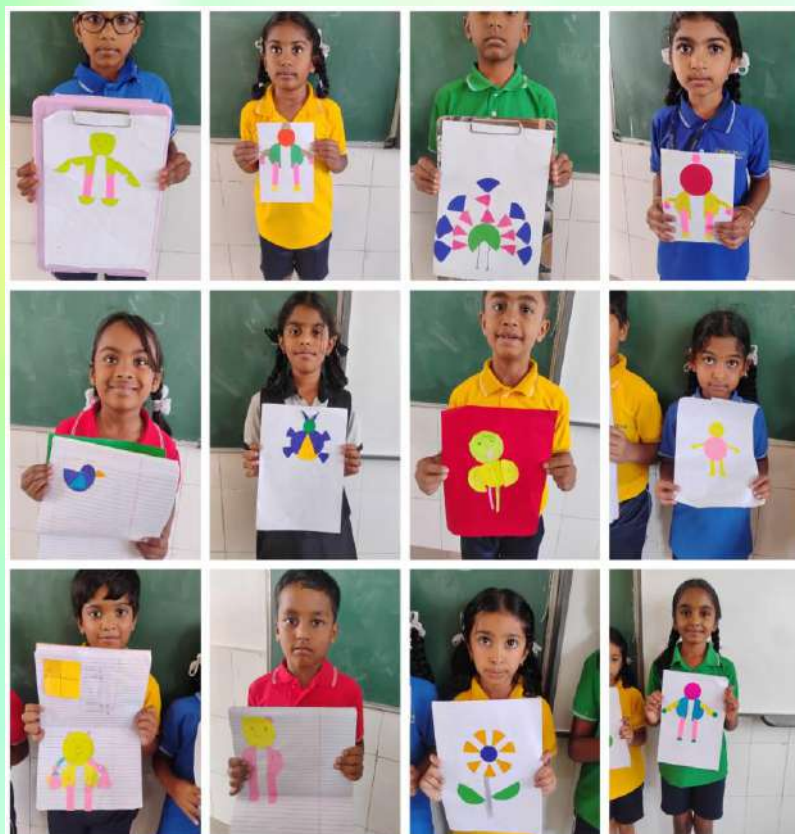
Fractions – Art Integrated Activity

Class: III

Subject: Mathematics

Students participated in a creative Fractions Art Integrated Activity by using colourful paper cut-outs of different shapes to design attractive pictures such as flowers, birds and human figures. They explored fractions by dividing shapes into equal parts and arranging different fractional parts to form complete artworks.

The activity helped students understand the concept of whole and parts of a whole, equal parts and simple fractions in an enjoyable and hands-on manner. It also encouraged creativity, observation, fine motor skills, mathematical thinking and active participation, while making the learning of fractions fun, meaningful and visually engaging.



"Has or Have" – Find and Make Sentences

Class: II

Subject: English

Students worked collaboratively in small groups using newspapers to find pictures and information about people, animals or objects. They selected suitable pictures, discussed them with their group members and wrote sentences using "has" and "have" in their notebooks. The activity helped students understand the correct usage of "has" and "have" in meaningful sentences while developing their reading, writing, observation, vocabulary and teamwork skills.



My Family

Class: I

Subject: EVS

Students introduced their family members and spoke a few sentences about them. Students drew and coloured their family pictures and identified different family members. They also participated in a speaking activity, where they shared their experiences and discussed how family members help and care for one another. Through these activities, students understood the importance of love, sharing, caring and respect in a family.



Shaduf Activity

Class: IV

Subject: Social Science

Students participated in a Shaduf activity to understand how people in ancient times lifted water for irrigation. They made a simple model of a shaduf using easily available materials and demonstrated how it works. The activity helped them learn about ancient irrigation methods, water management and the importance of water in agriculture.



Family Tree

Class: VI

Subject: Social Science

Students actively participated in a family tree activity by creating and presenting their own family trees. Through this activity, they identified their family members, understood different family relationships and learned how family members are connected to one another. The activity encouraged students to share about their families and helped them develop a better understanding of the importance of family and relationships.



Climate Zones Poster Making

Class: V A&B

Subject: Social Science

Students actively participated in a climate zones poster-making activity. They identified and represented different climate zones through creative drawings, colors and informative points. The activity helped them understand the characteristics of various climate zones and how climate differs from one region to another. It also encouraged creativity, teamwork and better understanding of the topic.



Respiratory System and Nervous system

Class: V A&B

Subject: Science

Students actively participated in hands-on activities to understand the functions of the brain and lungs. They observed and labeled diagrams of the brain and lungs and discussed their important functions. Students performed a simple breathing activity by observing how their chest moves while inhaling and exhaling. They also participated in a brain-function activity, answering simple questions and performing memory and thinking tasks. Through these activities, students understood that the brain controls and coordinates our body, while the lungs help us breathe and supply oxygen to the body.



World of animals

Class: V A&B

Subject: EVS

Students identified different animals using pictures and discussed their habitats, food habits, body coverings and movements. They also enjoyed an animal role-play activity, where they imitated the movements and sounds of different animals. Through these activities, students developed observation skills and understood the importance of caring for and protecting animals.



Comparison of Fractions – Hands-on Activity

Class: III

Subject: Mathematics

Students participated in a hands-on Comparison of Fractions Activity using colorful fraction circles and fraction strips. They observed and compared different fractions by identifying the shaded and unshaded parts and arranging the fraction models according to their values. Students used the symbols $>$, $<$ and $=$ to compare fractions and discussed their observations with their peers. The activity helped them develop a clear understanding of the concept of comparing fractions in an enjoyable, visual and interactive way while promoting observation, logical thinking, teamwork and active participation.



Heartiest Congratulations to Our Softball Champions!

Congratulations to our talented students for securing the Runner-Up position at the Tamil Nadu Softball Association State Level Competition.

Your outstanding performance reflects your hard work, discipline, teamwork and determination.

You have made Rockford Senior Secondary School – Hosur proud with this remarkable achievement.

Keep training, keep believing and continue striving for greater success!

Wishing you many more victories in the future!



Heartiest Congratulations to Our Young Athletes!

Congratulations to all our talented students for their outstanding achievements in the 23rd Krishnagiri District State Selection Athletics Competition.

Your remarkable performances in High Jump, Long Jump, Shot Put, Javelin and Discus Throw are truly commendable.

Your hard work, discipline, dedication and competitive spirit have made Rockford Senior Secondary School – Hosur proud.

Keep training with determination and continue to reach greater heights in athletics.

Wishing all our champions many more victories and success ahead!

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KRISHNAGIRI DISTRICT ATHLETICS ASSOCIATION
23rd Krishnagiri District State Selection Competition
Run • Jump • Throw • Achieve

TAMIL NADU ATHLETICS ASSOCIATION

Play Practice Progress

Stronger Faster Higher Together

Congratulations TO OUR CHAMPIONS!

Under - 12 Boys			
1.	Pranith	- High Jump	- II place
2.	Nischal	- High Jump	- III place

Under - 12 Girls			
1.	Hari Priya	- Long Jump	- II place
2.	Hemavarshini	- High Jump	- II place
3.	Sharvani	- High Jump	- III place
4.	Navya Shree	- Shot Put	- III place

Under - 16 Boys			
1.	Yasvant	- Shot Put	- II place

Under - 16 Girls			
1.	Dhanu Shree	- Javelin	- I place
2.	Hari Priya	- Javelin	- II place
3.	Lathika	- Shot Put	- I place

Under - 18 Boys			
1.	Ayush	- Shot Put	- II place
	"	- Discus Throw	- III place
2.	Dharshan Renu	- High Jump	- III place
	"	- Long Jump	- III place

Under - 18 Girls			
1.	Tahura	- Discus Throw	- I place
2.	Sahana	- Shot Put	- I place
3.	Boomika	- Javelin Throw	- II place
	"	- Discus Throw	- III place
4.	Lakshmi Shree	- Javelin Throw	- III place

Discipline Today Champions Tomorrow

Believe Compete Succeed

"Champions are made when no one is watching."

Congratulations, Dharshan Renu!

Heartiest congratulations to Dharshan Renu on securing III Place in High Jump at the Chief Minister Trophy 2026 held at Krishnagiri on 09.09.2026.

Your dedication, hard work, determination and sporting spirit have brought great pride to Rockford Senior Secondary School, Hosur.

Keep jumping higher, stronger and brighter!

We are proud of you!

Congratulations on this wonderful achievement!

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QUALITY SCHOOL GOVERNANCE
NABET

"Higher Stronger Brighter"

SPORTS BUILDS BETTER HUMANS

Congratulations!
DHARSHAN RENU

3 **EVENT : HIGH JUMP**
III PLACE

CHIEF MINISTER TROPHY | **VENUE : KRISHNAGIRI** | **DATE : 09.09.2026**

Push Your Limits | *Proud of You!*

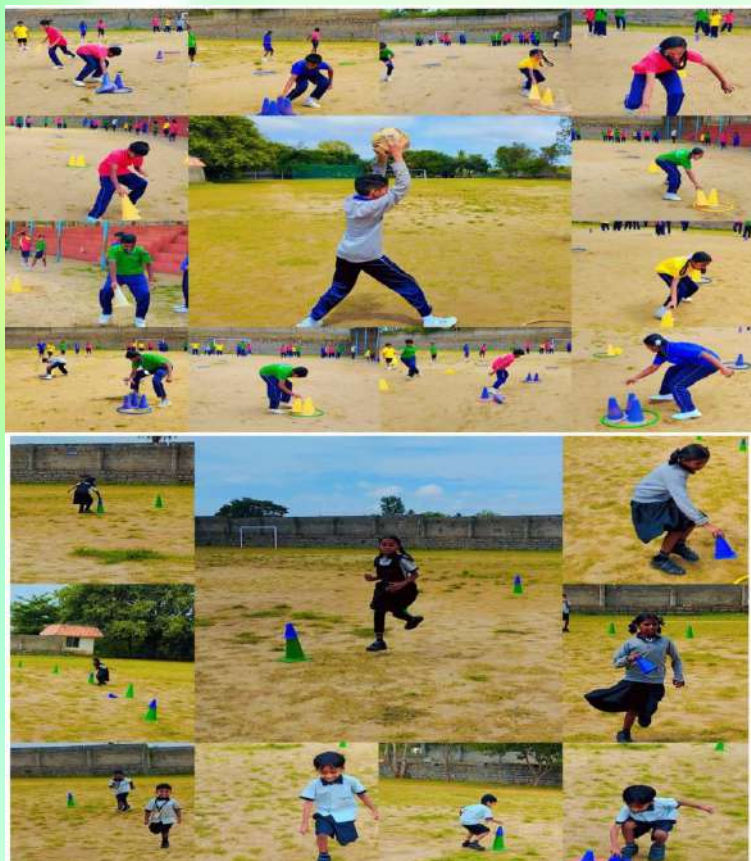
Benefits of Surya Namaskar

Surya Namaskar is a series of 12 yoga postures that provides a complete-body workout. It improves flexibility, strength, balance, posture and blood circulation, while also supporting healthy digestion and breathing. Regular practice can help increase energy, reduce stress, improve concentration, maintain healthy body weight and promote overall physical and mental well-being.



Recreational Activities – Benefits

Recreational activities are enjoyable physical and social activities that help students stay active, healthy and happy. They improve physical fitness, coordination, balance, teamwork, communication and creativity, while reducing stress and improving concentration. Activities such as relay games, musical games, skipping, treasure hunts, balloon games and team-building activities encourage cooperation, confidence and positive relationships. Regular participation promotes an active lifestyle and supports the overall physical, mental and social development of students.



Arjuna Award

Ministry of Youth Affairs and Sports confers the Arjuna Award to Indian sportspersons for outstanding performance at the international level. The award was instituted in 1961.

Youth Affairs and Sports +1

Arjuna Award for Outstanding Performance in Sports and Games Started 1961.

Given by:

Government of India, Ministry of Youth Affairs & Sports

Purpose:

To recognize outstanding international sporting achievements

Award components:

Statuette + certificate/scroll + ceremonial dress + cash prize

Current cash prize: ₹15 lakh

How an athlete is selected:

The scheme considers:

- International - level sporting performance during the previous four years.
- Performance in the Olympic Games, Asian Games and Commonwealth Games, when applicable
- Consistency of Performance
- Leadership Qualities
- Sportsmanship
- Discipline
- Performance in the relevant international tournaments

Recommendations are considered by the appointed Arjuna Award Selection Committee, followed by Government approval.